



Why are you looking to be mentored?

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What are your expectations for mentoring?

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Do you have any reservations about mentoring?

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Do you have a personal relationship with Jesus Christ?  Yes  No

If yes, how long?  Him  Her

Are you a member of Kingsland  Yes  No If yes, how long? \_\_\_\_\_

How would you describe your spiritual life as an individual and as a couple?

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How often do you and your spouse either listen to podcasts, read the Bible or a devotional together?

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How often do you pray together with your spouse other than at meal times?

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Below is a list of statements which are helpful in how we might be able to match you with a mentor couple. Please place an 'X' by all of the statements that are true about your relationship.

1. We homeschool our children		2. We recently lost a job	
3. We married later in life (35 yrs or older)		4. We are dealing with a serious illness	
5. We married young		6. We have experienced unfaithfulness	
7. This is our second marriage		8. We are experiencing a financial crisis	
9. We have a large family (4 or more children)		10. We want to prevent any addiction	
11. We have a special needs child		12. We want to improve our sex life	
13. We have experienced the loss of a child		14. We want to do challenging adventures together	
15. We have experienced infertility		16. We want to pursue and enjoy the same kinds of activities together	
17. We are dealing with the challenge of long work hours		18. We have a difficult family of origin	
19. We both work outside the home		20. We have different faith backgrounds	
21. We have demanding travel schedules		22. We were raised with different cultural backgrounds	
23. We have issues with our in-laws		24. We want to learn how to have healthy communication	
25. We want to learn how to have healthy ways of resolving conflict		26. Other	

For "Other", please explain: \_\_\_\_\_

Please feel free to write any additional information that will help us to match you with a mentor couple:

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Do you have any unusual scheduling issues that may impact when you can meet with your mentor couple?

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## **Marriage Mentoring Agreement**

### **What is the purpose of Marriage Mentoring?**

Kingsland is committed to helping couples prepare and grow marriages that reflect the image of God. We believe that couples grow and learn the most through authentic, biblical community. One of the ways we experience this type of community is through Marriage Mentoring.

Marriage Mentoring is one couple helping another couple to either 1) Prepare for marriage 2) Grow their marriage or 3) Heal their marriage.

### **What do Marriage Mentors do?**

A mentoring couple meets with their mentee couple for a few weeks or up to a few months, depending upon the needs of the mentee couple. The two couples decide on a place to meet (coffee shop, at home, restaurant) and meet for approximately 1 - 2 hours per week or every other week. We have a variety of marriage study guides/workbooks that couples can choose from to structure their mentoring journey.

Marriage Mentors are trained to listen, encourage and help couples either prepare for marriage, grow their marriage or heal their marriage. This takes place in the context of an authentic relationship between a mentoring couple and a mentee couple. Mentoring couples have experienced God's grace in their marriage and want to be a blessing to other couples. Marriage Mentors are not professional counselors but are trained to serve as marriage mentors.

### **What to expect?**

Once you complete this application, you will meet with Doug Valot, staff counselor, who will go over your application to get to know you and your needs. He will then give you information on how to purchase the mentoring materials. He will also send you an email invitation to complete the on-line SYMBIS marriage assessment. SYMBIS provides a personalized roadmap for your relationship and how you are impacted by your personalities, love styles, communication, handling "hot topic" and much more. Once this is done, Doug will then match you up with a Marriage Mentor. The matching process will be done with the attempt to match couples with similar life experiences and personality profiles as well as availability.

Once you are connected with a mentor, the mentee husband, as an exercise of Spiritual leadership, will contact the mentors to set up a time to meet. The initial meeting is a time for the mentor and mentee couples to get to know each other. It also allows the mentor couple

the opportunity to explain more details about the mentoring process and the materials that will be used.

You will then meet with your mentor couple every 2-3 weeks with each meeting lasting 1 – 1.5 hours. You and your mentor couple can select from material from the marriage-mentoring curriculum. You can select which book best fits what you want to work on in your mentoring time. Below is a summary of the curriculum. More details can be found on our website at <http://kingsland.org/marriage Mentors>.

#### Premarital

- *Saving Your Marriage Before It Starts* by Les and Leslie Parrot
- *10 Things I Wish I Knew Before We Got Married* by Gary Chapman
- *The Smart Stepfamily Marriage* by Ron Deal and David Olson

#### Enrichment

- *Five Love Languages* by Gary Chapman
- *Love and Respect* by Emerson Eggerich
- *Marriage on the Rock* by Jimmy Evans
- *Sacred Marriage* by Gary Thomas
- *Trading Places* by Les and Leslie Parrot
- *Lifelong Love Affair* by Jimmy Evans
- *Smart Love* by Dr. David and Dr. Jan Stoop
- *Grace Filled Marriage* by Tim Kimmel

#### Restoration

- *Love and War* by John and Stasi Eldredge
- *How We Love* by Milan and Kay Yerkovich
- *From Anger to Intimacy* by Gary Smalley and Ted Cunningham
- *Let's Get Real* by Dale and Jena Forehand
- *Freedom From Your Past* by Jimmy Evans
- *How to Argue So Your Spouse Will Listen* by Sharon Morris May

#### Family

- *How to Really Love Your Child* by Ross Campbell
- *How to Really Love Your Teen* by Ross Campbell
- *Love and Respect in the Family* by Emerson Eggerichs
- *Growing Kids God's Way* by Gary and Anne Marie Ezzo
- *Safe House* by Joshua Straub and Meg Meeker
- *The Smart Stepfamily* by Ron Deal

Communication about your marriage with your Marriage mentors should be reserved for the scheduled meetings. Marriage mentors are not available outside of scheduled meeting time to discuss care needs. This includes phone calls, emails and text messages.

#### **Confidentiality**

Marriage Mentors keep personal information confidential. Therefore, you can feel free to share with your Marriage Mentor without worrying that everyone will know about it. There are occasions when a Marriage Mentor must share confidential information in order to save a life. Those occasions are suicide, homicide or abuse.

### **Training and Supervision**

Marriage Mentors completed an initial 6 hour training class and certification to become mentors. They meet together for on-going training and supervision under the direction of Doug Valot. Marriage Mentors do not disclose the name or information about their mentees that would reveal the Mentees identity.

### **Professional Consultation**

On occasion, a Marriage Mentor may decide they need to gain additional guidance or insight in order to provide care for their Mentee couple. On these occasions, the Marriage Mentor will consult with Doug Valot, Kingsland Staff counselor. In such cases, confidentiality is strictly maintained between the Marriage Mentor and Doug Valot.

### **Referral to a Professional**

Some couples end up needing professional care. In such cases, your Marriage Mentor will discuss this with you and recommend you meet with Doug Valot to discuss counseling or referral options. This may or may not mean that you will continue meeting with your Marriage Mentor.

We have read and understood the above policies of the Marriage Mentoring Ministry. We desire to receive care from a Marriage Mentor. We understand the Mentor Husband and Mentor Wife assigned to us are not professional counselors, but will rely in Biblical principles, the Marriage Mentoring material and prayer to offer support and encouragement.

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Signature

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Print Name

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Date